

LIGHT GROUND BEEF RECIPES



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We love ground beef! The versatile meat is so easy to cook with -- and if you use lean ground beef, it can be healthy, too. This collection of easy ground beef recipes, including grilled burgers and chili, will please everyone at the table.

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40 Quick Ground Beef Recipes Southern Living

Ground beef recipes are a weeknight favorite for so many reasons: ground beef is inexpensive, cooks up fast, and can be used in endless delicious ways. If you're looking for a tasty new spin on classic ground beef recipes like meatloaf, hamburgers, chili, and lasagna, the Southern Living Test Kitchen has you covered.

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Recipes for ground beef your whole family will love. Swap in low-fat ground beef in these 11 healthy recipes for ground beef. You'll ditch lots of the fat without sacrificing the meaty flavor you

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30 Healthy Ground Beef Recipes You'll Absolutely Love

In this recipe, you cook the ground beef with onions and season them with garlic, spices, and mint leaves. Then, you top them over a bed of Greek yogurt, hummus, and veggies. Use pita chips or even more veggies to dip.

This is one of those occasional exceptions where we would say go ahead and enjoy a snack or appetizer for dinner.

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